

Girls Allowed Gyms – Privacy Policy

Last updated: 06/10/2025

1. Introduction

Girls Allowed Gyms (“we”, “us”, “our”) respects your privacy and is committed to protecting your personal information.

This Privacy Policy explains how we collect, use, store, and protect your personal data when you:

- join our gym or take out a membership,
- visit our premises,
- use our website or social media pages,
- or otherwise communicate with us.

We are the data controller for the purposes of the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018.

If you have any questions about this policy, please contact us at:

□ info@girlsallowedgyms.co.uk

□ Girls Allowed Gyms, 1 Blenheim Court, Northolt Way, Hornchurch, Essex, RM12 5RX

2. The Information We Collect

We may collect and process the following personal data:

Contact Information

- Name
- Address
- Email address
- Telephone number

Membership & Payment Information

- Membership start and end dates
- Direct Debit or payment details (processed securely by our payment provider)

Health & Fitness Information

- Health declarations or PAR-Q forms
- Relevant medical information you provide to help us ensure safe exercise

Usage Information

- Attendance records
- CCTV images (for security and safety)
- Communication records and enquiries

Website Data (if applicable)

- Cookies and browsing data (see our Cookie Policy if you have one)
-

3. How We Use Your Information

We use your personal data to:

- Set up and manage your gym membership
 - Process your payments and renewals
 - Ensure your health and safety during exercise
 - Communicate with you about your membership, bookings, or events
 - Monitor attendance and facility usage
 - Maintain a safe environment for all members (including CCTV monitoring)
 - Send you relevant updates, offers, or newsletters (only with your consent)
-

4. Lawful Bases for Processing

We process your data under the following lawful bases:

- Contract: To provide and manage your gym membership and related services.
- Legal Obligation: To comply with health and safety or financial record-keeping laws.
- Legitimate Interests: To maintain a safe and well-managed gym environment.
- Consent: For marketing communications and any special category data (such as health information).

You can withdraw your consent for marketing at any time by emailing us at info@girlsallowedgyms.co.uk.

5. Sharing Your Information

We will never sell your data.

We may share limited information with:

- Our payment providers to process membership fees
- Our IT or booking software providers (to manage memberships securely)
- Insurers or legal advisors (if required for claims or compliance)
- Law enforcement if required by law

All partners are required to keep your information secure and use it only for the agreed purpose.

6. Storing and Protecting Your Data

We take data security seriously.

Your personal data is stored securely using password protection, encryption, and restricted staff access.

We only keep your personal data for as long as necessary to fulfil the purposes we collected it for — typically:

- Active members: data kept for the duration of your membership
- Former members: data retained for up to 6 years after cancellation (for tax, insurance, or legal reasons)

7. CCTV

Our premises are monitored by CCTV for safety and crime prevention.

Footage is stored securely and automatically deleted after a reasonable period unless required for investigation or legal reasons.

8. Your Data Protection Rights

You have the right to:

- Access a copy of your personal data
- Correct inaccurate or incomplete information
- Request deletion of your data (in certain cases)
- Restrict or object to certain processing
- Data portability (receive your data in a transferable format)
- Withdraw consent for marketing at any time

If you wish to exercise any of these rights, please contact info@girlsallowedgyms.co.uk.

If you are not satisfied with our response, you can complain to the Information Commissioner's Office (ICO):

□ www.ico.org.uk

9. Marketing

We may send you occasional updates, offers, or newsletters if you have given consent.

You can unsubscribe at any time by clicking the link in our emails or contacting us directly.

10. Changes to This Policy

We may update this Privacy Policy from time to time.

Any changes will be posted on our website, and the updated version will include the “last updated” date at the top.

11. Contact Us

If you have any questions about this Privacy Policy or how we handle your personal information, please contact:

Girls Allowed Gyms

□ info@girlsallowedgyms.co.uk

□ 1 Blenheim Court, Northolt Way, Hornchurch, Essex, RM12 5RX
